

### St. Charles West High School

## Activities Department

3601 Droste Rd. St. Charles, MO 63301 Phone #: 636-443-4281 Fax #: 636-443-4285

# St. Charles West 9<sup>th</sup>/10<sup>th</sup> Grade Invitational April 4, 2018

**Location** St. Charles West High School

Steve Stahl Stadium – 2660 Zumbehl Rd., St. Charles, MO 63301

SCW Athletic Director Terry Oetting <u>toetting@stcharlessd.org</u> 636-443-4255

Participating Schools: Francis Howell, Francis Howell North, Ft. Zumwalt East, Ft. Zumwalt North (Girls),

Ft. Zumwalt South, Orchard Farm, St. Charles, St. Charles West, Troy

Scoring: This will be a Scoring Meet 10-8-6-5-4-3-2-1

**Awards:** Medals will be awarded for the top three places in all events including relay events

A Plague will be awarded for top 2 places in boys & girls

**Meet Entries:** All entries will be made online using <a href="http://entry.trxctiming.com/">http://entry.trxctiming.com/</a>

You are allowed 3 entries in individual events and 2 in relay events.

Entries are due by Tuesday, April 3 at 5:00 pm — Online Entry Form

Coaches can manage their entries until 9 am Wednesday, April 4 — Scratches/Changes

**3:30 p.m.** Coaches Meeting: Exchange judges and games committee assigned at this time

3:45 p.m. Field Events

Boys High Jump followed by Girls Girls Shot Put followed by Boys Boys Discus followed by Girls Girls Pole Vault followed by Boys

Girls Triple Jump followed by Girls Long Jump Boys Long Jump followed by Boys Triple Jump

Boys Javelin followed by Girls Javelin

4:15 p.m. Running Events

No preliminaries; all heats against time

All runners should report to the bullpen when called

No spikes in bleachers

No tape on track or runway

• 3/16 or smaller pyramid spikes only; no needles



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#### **Order of Events**

4x800	Relay
100/110	Hurdles
100	Dash
4x200	Relay
1600	Run
4x100	Relay
400	Dash
300	Hurdles
800	Run
200	Dash
3200	Run
4x400	Relay