



**22<sup>nd</sup> Annual Ed White Invitational**

Fox High School

- **Attention:** Athletic Directors and Cross Country Staffs
  - Fox, Seckman, Parkway West, Windsor, Desoto, Parkway North, Rockwood Summit, South City Prep, Jefferson R-7, Parkway Central, Fort Zumwalt East, Hillsboro, Vianney, Oakville, Lutheran St. Charles
- **Event**
  - Junior Varsity and Varsity Girls Divisions
  - Junior Varsity and Varsity Divisions Boys Divisions
  - (Combined) 9<sup>th</sup> Boys and Girls Division
  - Middle School Boys and Girls Division
- **Date**
  - **Friday, September 21<sup>nd</sup> 2018**
- **Location**
  - Arnold Park
- **Timing Company**
  - o Big River Running
- **Time Format**
  - 3:40 – Coaches Meeting
  - 4:00 – Varsity Boys (Top 7)
  - 4:30 – Varsity Girls (Top 7)
  - 5:00 – Junior Varsity Boys
  - 5:20 – Junior Varsity Girls
  - 5:50 – 9<sup>th</sup> Boys and Girls
  - 6:15- Middle School Boys
  - 6:20- Middle School Girls
  - 6:45 – Awards
- **Awards**
  - Varsity Girls – 1<sup>st</sup> & 2<sup>nd</sup> Team Trophy and Top 15 Individual Medals
  - Varsity Boys – 1<sup>st</sup> & 2<sup>nd</sup> Team Trophy and Top 15 Individual Medals
  - Junior Varsity Girls – 1<sup>st</sup> Team Trophy and Top 15 Individual Medals
  - Junior Varsity Boys – 1<sup>st</sup> Team Trophy and Top 15 Individual Medals

2018-2019

- 9<sup>th</sup> Boys and Girls – Top 10 (Each Gender)
  - Middle School Boys and Girls-1<sup>st</sup> & 2<sup>nd</sup> Team Trophy and Top 15 Individual Medals
- **Entry Fee:** \$75 Per Division (Example: All 4 Levels of Boys = \$300)

## **Entry Form – 2018 Ed White Invitational**

Friday September 21, 2018

Fox High School – Arnold Park

### **Varsity Level**

Boys \_\_\_\_\_

Girls \_\_\_\_\_

### **9<sup>th</sup> Grade Level**

Boys \_\_\_\_\_

Girls \_\_\_\_\_

### **Junior Varsity**

Boys \_\_\_\_\_

Girls \_\_\_\_\_

### **Middle School Level**

Boys \_\_\_\_\_

Girls \_\_\_\_\_

**School:** \_\_\_\_\_

**Total \$:** \_\_\_\_\_

**Girls Head Coach:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Boys Head Coach:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Please fax, email, or mail this sheet back to Crystal Pingleton by September 10th**

Fax: 636-282-5173

Email: [ingletonc@foxc6.org](mailto:ingletonc@foxc6.org)

Mail: Fox High School – 751 Jeffco Blvd. – Arnold MO, 63010

Contact Information

636-296-5210, Ext. 2242

Head Boys/Girls Cross Country –Becky Alden [aldenb@foxc6.org](mailto:aldenb@foxc6.org)