**XC Tritan Hot Dog Relays**

**Who:** **Troy Middle School** Trojans and **Troy South Middle School** Titans cross country teams are uniting as the **Tritans**

**What:** Tritan Hot Dog Relays

* Schools will enter their runners in groups of 4.  There will be 3 different groups to select from boys, girls, and co-ed.  Each member of the group will run one mile, they will pass a baton (provided) similar to a track relay. Runners 2-4 will wait in a holding zone at the starting line and step out when their teammate is near. **There will not be an exchange zone or penalties for dropped batons.**
  + Please notify Coach Saxe (saxek@troy.k12.mo.us) no later than **September 10, 2018** with how many relay teams your school will have and if you have extra runners that need a team.
    - We need to have an accurate head count for hot dogs and batons.
* Schools with an odd number of participants will have 2 options:
  + Have a group of 3 and one runner will run a second lap (not back to back)
  + Join with extras from another school to create a team
* Start times:
  + We will use a rolling start.
  + As soon as all runners from the prior race finishes, we will start the next race.
  + Tentative start times:
    - Boys: 4:00
    - Co-Ed:  4:40
    - Girls: 5:20
* All participants will receive a meal ticket for a hot dog.
* Each member of the top 3 teams, in each division will receive a metal.
* We will also have awards for the school with the most members, least members, most and school spirit.

**When:** September 20, 2018

**Where:** Lincoln County Fairgrounds – Fairgrounds Rd., Troy, MO 63379

**Why:** For fun!  It has been a few years since our school has hosted a meet, and we wanted our students to be able to enjoy a meet on their home turf.  We also wanted to make the meet different from all the other meets to help promote the fun that running has to offer.

**Cost:** $175 per school

**Miscellaneous:**  If you have any questions or concerns please contact Krista Saxe at TMS, [saxek@troy.k12.mo.us](mailto:saxek@troy.k12.mo.us), or Mike Robinson TSMS, [robinsom@troy.k12.mo.us](mailto:robinsom@troy.k12.mo.us).