

**23rd Annual Ed White Invitational**

Fox High School

* **Attention**: Athletic Directors and Cross Country Staffs
  + Teams To Be Determined
* **Event**
  + Junior Varsity and Varsity Girls Divisions
  + Junior Varsity and Varsity Divisions Boys Divisions
  + (Combined) 9th Boys and Girls Division
  + Middle School Boys and Girls Division
* **Date**
  + **Friday, September 27th 2019**
* **Location**
  + Arnold Park
* **Timing Company**
  + Big River Running
* **Time Format**
  + 3:40 – Coaches Meeting
  + 4:00 – Varsity Boys (Top 7)
  + 4:30 – Varsity Girls (Top 7)
  + 5:00 – Junior Varsity Boys
  + 5:20 – Junior Varsity Girls
  + 5:50 – 9th Boys and Girls
  + 6:15- Middle School Boys
  + 6:20- Middle School Girls
  + 6:45 – Awards
* **Awards**
  + Varsity Girls – 1st & 2nd Team Trophy and Top 15 Individual Medals
  + Varsity Boys – 1st & 2nd Team Trophy and Top 15 Individual Medals
  + Junior Varsity Girls – 1st Team Trophy and Top 15 Individual Medals
  + Junior Varsity Boys – 1st Team Trophy and Top 15 Individual Medals
  + 9th Boys and Girls – Top 10 (Each Gender)
  + Middle School Boys and Girls-1st & 2nd Team Trophy and Top 15 Individual Medals
* **Entry Fee:** $75 Per Division (Example: All 4 Levels of Boys = $300)

**Entry Form – 2019 Ed White Invitational**

Friday September 27, 2019

Fox High School – Arnold Park

**Varsity Level Junior Varsity**

Boys **\_\_\_\_\_\_\_\_\_\_** Boys \_\_\_\_\_\_\_\_\_\_\_\_

Girls **\_\_\_\_\_\_\_\_\_\_** Girls \_\_\_\_\_\_\_\_\_\_\_\_

**9th Grade Level Middle School Level**

Boys **\_\_\_\_\_\_\_\_\_\_** Boys **\_\_\_\_\_\_\_\_\_\_**

Girls **\_\_\_\_\_\_\_\_\_\_** Girls **\_\_\_\_\_\_\_\_\_\_**

**School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Total $: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Girls Head Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Boys Head Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please fax, email, or mail this sheet back to Crystal Pingleton by September 10th**

Fax: 636-282-5173

Email: pingletonc@foxc6.org

Mail: Fox High School – 751 Jeffco Blvd. – Arnold MO, 63010

Contact Information

636-296-5210, Ext. 2368

Head Boys/Girls Cross Country – Norm Mitchell [mitchelln@foxc6.org](mailto:mitchelln@foxc6.org)