15th Annual Warrior Invitational

April 28, 2017

1. Time Schedule

3:00 Coaches scratch meeting in High School Commons

3:30 Field Events

3:30-5:00 Boys Long Jump ( 3 jumps)

Girls Triple Jump

5:00-6:30 Boys Triple Jump

Girls Long Jump

- Girls Pole Vault followed by Boys

- Boys High Jump followed by Girls

 - Girls Shot Put followed by Boys (3 throws)

- Boys Discus followed by Girls (3 Throws)

-Boys Javelin followed by Girls (3 Throws)

4:00 Running Events

2. Starting Heights

Girls High Jump 4’2”

Boys High Jump 5’2”

Girls Pole Vault 6’6”

Boys Pole Vault 9’0”

3. Box Alley starts for 800, 1600, 3200, and 4x800.

4. Spikes should be 3/16” or less on track and runways

5. Shot Put and Discus rings are concrete. Flats must be worn.

6. \* No Tape on track or runways (officials will remove).

7. Everyone is asked to stay outside the fence unless warming up, competing or helping to run an event.

8. Medals for top 6 places in all events. Trophies for the top 3 teams.

9. Work assignments will be sent at a later date.

10. All MSHSAA rules will be followed