



St. Charles West High School  
**Activities Department**  
3601 Droste Rd. St. Charles, MO 63301  
Phone #: 636-443-4281  
Fax #: 636-443-4285

**St. Charles West 9<sup>th</sup>/10<sup>th</sup> Grade Invitational**  
**April 3, 2019**

- Location:** St. Charles West High School  
Steve Stahl Stadium – 2660 Zumbuhl Rd., St. Charles, MO 63301
- Entries:** Entries are due by **Monday, April 1<sup>st</sup> at 5:00 pm** – [Online Entry Form](#)  
Coaches can manage their entries until **9 am, Wednesday, April 3<sup>rd</sup>** – [Scratches/Changes](#)  
**NO EXCEPTIONS ON LATE ENTRIES**
- Entry Q's:** Rich Schilling | [rich@trxctiming.com](mailto:rich@trxctiming.com) | 314-522-6176
- Entry Limit:** 2 entries in individual events and 1 in relay events.
- Scoring:** This will be a Scoring Meet 10-8-6-5-4-3-2-1
- Awards:** Medals will be awarded for the top three places in all events including relay events  
A Plaque will be awarded for top 2 places in boys & girls
- SCW AD:** Terry Oetting | [toetting@stcharlessd.org](mailto:toetting@stcharlessd.org) | 636-443-4255
- 3:30 p.m.** **Coaches Meeting:** Exchange judges and games committee assigned at this time
- 3:45 p.m.** **Field Events**
- Boys High Jump followed by Girls
  - Girls Shot Put followed by Boys
  - Boys Discus followed by Girls
  - Girls Pole Vault followed by Boys
  - Girls Triple Jump followed by Girls Long Jump
  - Boys Long Jump followed by Boys Triple Jump
  - Boys Javelin followed by Girls Javelin
- 4:15 p.m.** **Running Events**
- No preliminaries; all heats against time
  - All runners should report to the bullpen when called
  - No spikes in bleachers
  - No tape on track or runway
  - 3/16 or smaller pyramid spikes only; no needles



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**Order of Events**

4x800	Relay
100/110	Hurdles
100	Dash
4x200	Relay
1600	Run
4x100	Relay
400	Dash
300	Hurdles
800	Run
200	Dash
3200	Run
4x400	Relay